



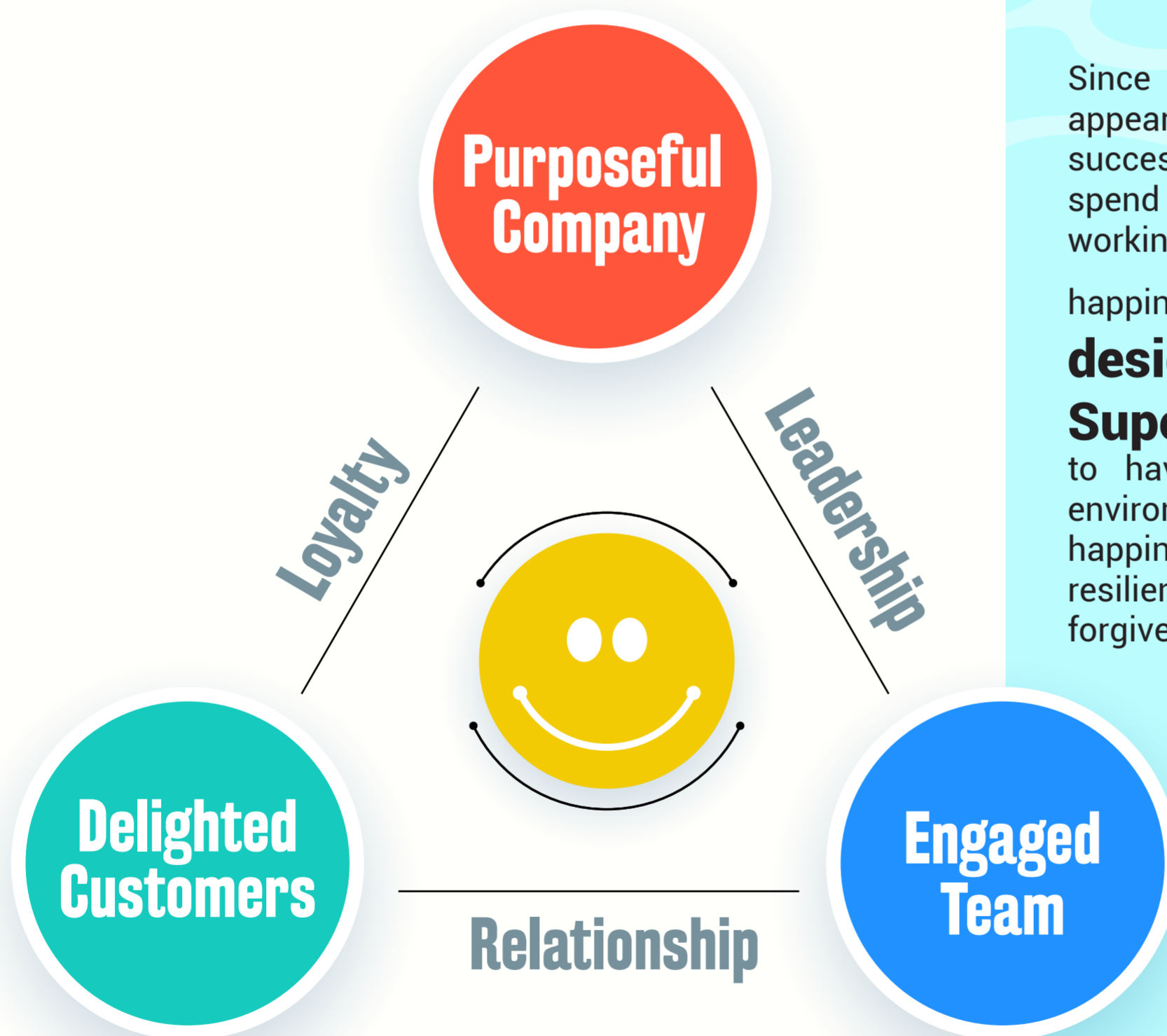
Al-MUNEER HRD
"Different is Better than Better"

Leading With Happiness

Positive Psychology in Practice



Happiness as business model

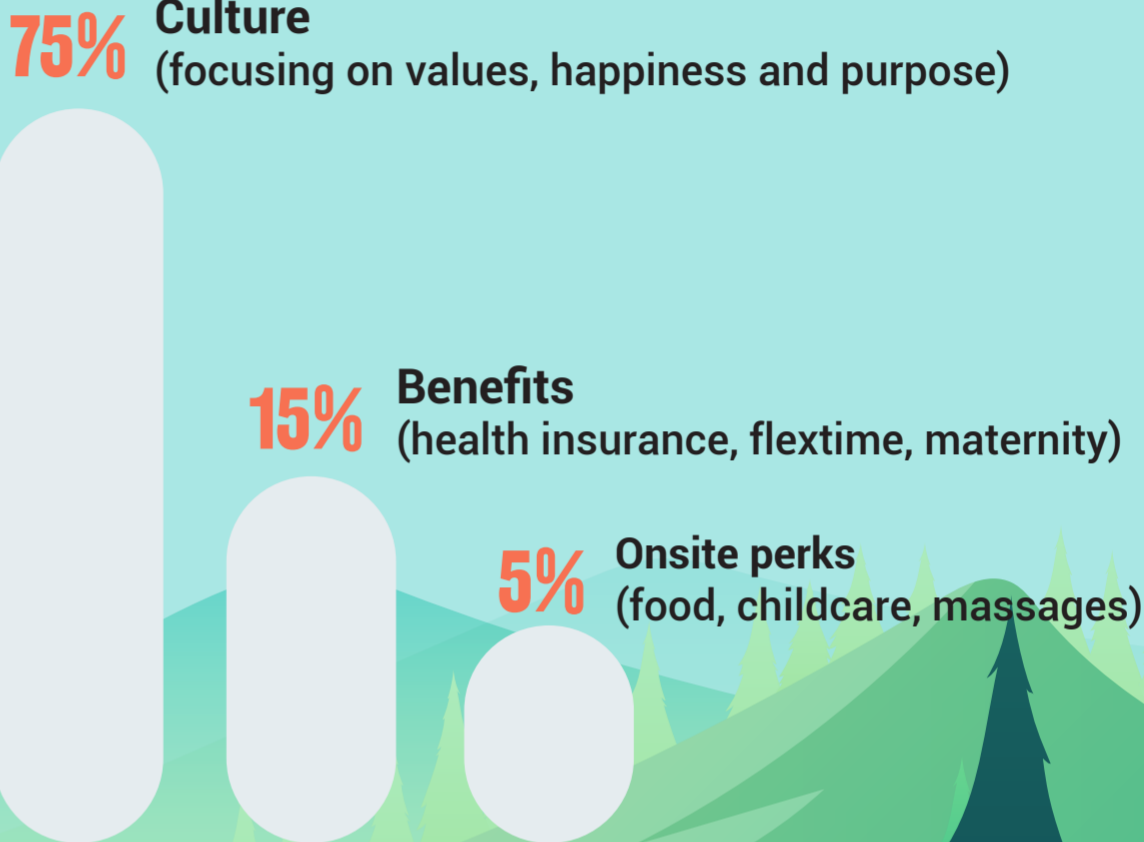


Since positive psychology began to appear, it proves that happiness lead to success, not the other way around. We spend more than a third of our time working and this is enough to focus on happiness at work. **This program designed for Managers, Supervisors and Leaders** to have great role in creating the environment and practices that create happiness at work, engagement, resilience, flow sate, growth mindset, forgiveness, gratitude and well being.

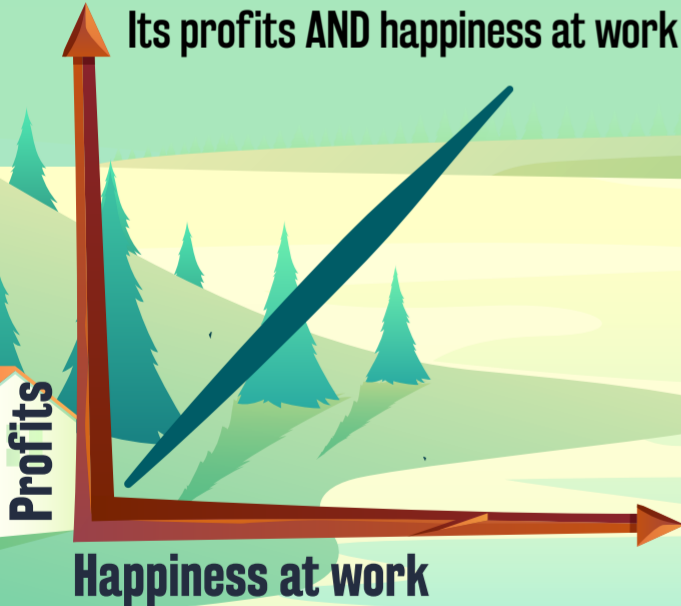
Why happiness should be your business model?

Investing in the happiness of employees and enabling managers and supervisors to implement the happiness as a management model will be long lasting investment. Happy employees will provide an excellent service that delights customers and ensures their loyalty and thereby increases the profit and growth of the organization.

ROI of workplace programs



greatplacetowork.com



Leading with Happiness

Great Service

Happy Customers

Loyal Customers

Profits & Growth

Why Leadership?

Jim Clifton, the CEO of the Gallup organization, found that **%60** of employees working for the U.S. federal government are miserable – not because of low pay, poor workplace benefits, or insufficient vacation days – but because they have bad bosses.



Bad boss **%33** more heart attacks
Happy **%50** Less illness (Professor Kubzansky, (Harvard 2007))



Managers account for at least **%70** of variance in employee engagement scores across business units. (Gallup)

Effects of bad management: Fear, Stress, Worse health, Low motivation. (HBR)



Why happiness?

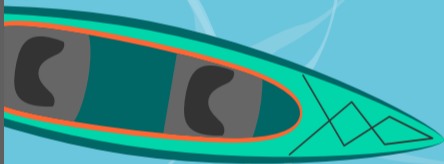
Studies shows that happy employees are:



%50 more motivated



%19 more accurate (Shawn Achor)



%180 more energy



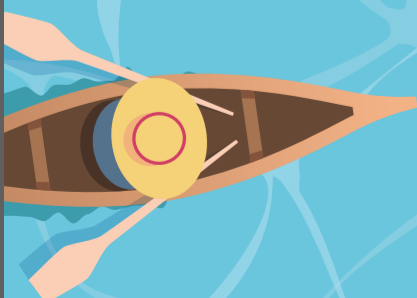
%66 fewer sick leave days (Forbes)



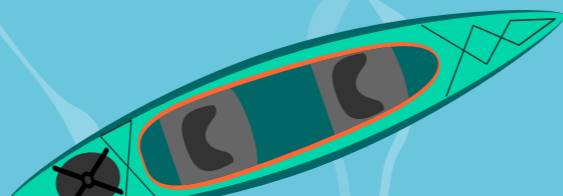
%125 less burnout (HBR)



%51 less turnover (Gallup)



%80 focus on the task
compare to **%40** to non-happy
(that's 4 days vs 2days of the week)



%40-10 increase in Productivity
(Shawn Achor, 2007)

By the end of the program participants will be able to:



Strengthen the Resilience level in the organization.

Create better environment by improving: relationships, meaning, accomplishment and positive emotions.

Raising Optimism level among the team(s) / Organization.

Maximize productivity, creativity, sales, focus, engagement among the team members.

The above objectives can be reached in 5 days program – will help you design your program based on your challenges. You can benefit from our experts ability to tailor make your program to maximize the return on investment for your organization.

They said about the program and the trainer:

"I can learn so much from you"
Prof. Yusra Muzughi
Vice Chancellor, Muscat University



While I attend this program I
see the trainer apply the
positive psychology (he walk
the talk)

Mohammed Al-Balushi



فخورين بالعمل مع الاستاذ منير عبدالله، كان له
دور رئيسي في تصميم وتنفيذ برامج لتطوير
القيادات لعدد من عملائنا في المملكة
ريم الزامل
مؤسس شركة إمباور للاستشارات



“ Its life changing
program. It's a first time
a program and trainer
made a lasting mark in
me. These 5 days meant
a lot to me.

Tarek Al-Gafri



"الاستاذ منير يعيد تعريف مفهوم التدريب الحديث، فهو
بالاضافة لكونه يركز على التدريب التفاعلي العميق باستخدام
أدوات احترافية هو ايضا يركز على ربط المفاهيم العلمية
بالثقافة المحلية للمتلقي . مما يقود لاثركبير و عائد مرتفع
على الإستثمار"

دكتور مهند العصفور



المؤسس ورئيس مجلس الادارة - إنجاز للتنمية -

"حضرت الكثير من ورش العمل والتدريب.
لم أقابل شخص بمنتهى المهنية العالية مثل
منير عبدالله. قمة عالية"

حسين الحمير



شريك مؤسس تيتولو

Training Methodology

You will be served by carefully selected world class methodologies and tools such as:

Coaching



Experiential learning



Group Discussions



Role-playing



Training Films



("How we train is What we train")



"I never teach my students, I only attempt to provide the conditions in which they can learn."

Albert Einstein



Delivered by: Muneer Abdulla

Education



Methodology

Experiential Learning Approach
Carefully selected exercises from +300 database.

Experience and Certifications



More than 20 years in the training field.

Master Trainer from many organizations.



MTa and Lego Serious Play facilitator.



Mars Venus Coach.



Paul Ekman Associate

Work in many projects in several sectors.

Memberships





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